HOW YOU CAN HELP TO REDUCE CROSS INFECTION IN THE INTENSIVE CARE UNIT/HIGH DEPENDENCY UNIT (ICU/HDU)

Patient & Visitor Information Leaflet

Infection Control & General Intensive Care Unit/High Dependency Unit (ICU/HDU)
St James's Hospital
Visitor Information

Reducing the Risk of Transmitting Infection

Please do not visit the hospital if you have been in recent contact with someone who has, or if you have any of the following infections:
- Chicken Pox
- Winter Vomiting Bug,
- Diarrhoea
- The 'flu'

Patients are limited to visits from relatives or very close friends. There should be no more than two visitors at any time. Children under 14 years are not allowed to visit, except in very special circumstances.

On arrival at the Intensive Care Unit or High Dependency Unit, please ring the door bell and wait for assistance from a staff member before being given permission to enter the unit.

On entering the main ICU, put on an apron (located at the entrance doors). Then apply the alcohol hand rub. If visiting the side rooms, apply apron & the alcohol hand rub which is located in the ante-room (handwashing room) of each sideroom.

Before you leave the main unit, remove your apron and put it in the waste bin by the sinks at the exit. Use the alcohol hand rub at the sinks. In the side rooms, you should remove your apron in the ante-room and then clean your hands.

Do not sit on patients’ beds.

Visitors are not permitted any food or drink in the Intensive Care Unit.

Fresh flowers or plants are not allowed as the water and soil carry bacteria.

Patients, please limit the amount of personal items that you bring to the hospital. This is to allow for cleaning of your bed area.

Do not stick pictures on the walls, again this is to assist cleaning. Framed photos may be placed on the bedside locker.