

Who will I meet during my stay in Walter Stevenson's ward?

During your stay on Walter Stevenson's ward you will come into contact with many people, all with different jobs, but all working together to help you.

Clinical nurse managers: Royal blue top and navy trousers

Staff Nurses: Powder blue top and navy trousers. Nurses are involved in all aspects of patient care. They are involved in the planning and administration of your treatment and meeting any other needs you may have regarding your disease.

Clinical Nurse Specialist/Liaison Nurse: Help you understand your disease and treatment options, offering counselling and emotional support.

Student Nurses: White top and blue trousers

Health Care Assistants: White top and maroon trousers. Work with the nursing team in meeting your needs.

Social Work: Will advise you with practical issues and emotional support impacting on you, as a result of your diagnosis and treatment.

Psych-Oncology Team: Multi disciplinary team who work closely with the oncology team. Their role is to provide psychological support to those patients experiencing persistent distress.

Palliative Care Team: Multidisciplinary team who help with symptom management, of patients with all stages of cancer.

Clinical Nutritionist: Will advise you regarding nutritional matters at any stage of cancer treatment, upon referral.

Physiotherapist and Occupational

Therapy: Will advise you about functional capacity and physical issues relating to your cancer, upon referral.

Cleaning staff: Light green top and navy trousers.

Catering staff: Stripy purple top and navy trousers

Medical staff: Do not wear uniforms.

All hospital staff wear photo ID badge. You will also meet a variety of other people during your stay on Walter Stevenson's ward such as clerical staff, pharmacists, and spiritual care team.

Phone numbers to Walter Stevenson's		
01-4103606	or	01-4103607

If you have any further queries please do not hesitate to ask at any time
Clinical Nurse Manager 2: Karen Boyle Clinical Nurse Manager 1: Julie Benson



St James Hospital,
Dublin, Ireland

Walter Stevenson Ward

Information for Patients

Dear All,

We the team on Walter Stevenson's Ward would like to take this opportunity to welcome you to ST JAMES'S HOSPITAL and Walter Stevenson's Ward. This is a 12-bedded ward, which specialises in Oncology and Haematology coagulation disorders. It may be necessary to mix men and women in the same room.

Many patients are more susceptible to infection due to the nature of their disease and/or treatment. This leaflet is a general outline about Walter Stevenson's Ward and will provide you with guidelines that when followed will help to reduce your chance of contracting an infection. If at any time you have queries or questions regarding your treatment or condition, please do not hesitate to ask a member of the nursing and/or the medical team.

General Guidelines

Visitors:

- Visitors may visit at any time, except patients rest period 13:30-14:30 daily.
- No more than 2 visitors per patient at anytime.
- Strictly no children under the age of 14 are allowed onto the ward. It is a recognized fact that children incubate many infections such as the common cold, chicken pox and measles which may cause a serious infection for you.
- Visitors are asked not to sit on a patient's bed.
- Visitors cannot consume any foods or drinks while on the ward.
- Visitors must not bring any fresh or dried flowers onto the ward as soil and water have been shown to contain bugs.
- Visitors must not enter the kitchen or prepare any food stuffs while on the unit.
- Visitors must not use a patient's toilet. There is a visitor's toilet located on the first floor near ICU.
- All visitors must turn off their mobile phones on entering the unit. Patients are allowed to use mobile phones at the discretion of the nursing staff.
- All visitors should report to the Clinical Nurse Manager or senior nurse on duty for advice if they have been in contact with an active bacterial or viral infection, i.e. influenza, chicken pox.
- Visitors should use the intercom system to gain access to the ward. They will then be instructed to disinfect their hands on entering and leaving the ward.

- At times patients are "isolated" in single room for infection control reasons. Visitors will then be required to carry out further infection control measures i.e. plastic aprons- instructions will be given by nursing staff.
- Visitors are asked to respect and work in conjunction with members of staff on the ward.

Personal effect:

It is the policy on the ward to ask patients to limit the number of personal items that they bring with them. Again the reason for this is to try and minimize your chance of contracting an infection.

Personal Hygiene:

Maintaining your own personal hygiene is one of the most important ways of reducing your chances of contracting an infection. For this reason there is great emphasis placed on personal hygiene. You will be asked to have a daily shower. Several times throughout the day you will be asked to carry out mouth care. The nursing staff will inform, explain and discuss all with you on your admission.

Toiletries/Clothing:

Items allowed

- New tube of toothpaste, ideally for sensitive use.
- A soft headed toothbrush
- Any of the "simple" range of products e.g. deodorants and moisturizing creams.
- A soap dispenser rather than a bar of soap.

- Hair brushes, combs and slides
- Electric razor
- New toilet bag

Items not allowed

- Opened toothpaste tubes
- In use bars of soap
- Face cloths
- Open blade razors
- Old or soiled toilet bags

Clothing:

- You will require a change of nightdress or pyjamas each day.
- You should also bring a pair of support slippers and dressing gown.
- It is ok to dress in your day clothes.
- Towels will be provided.

Food:

Food brought in from home is allowed but there are minimal facilities to store food. Nursing staff will discuss this with you. Take away foods are not advised. Tea/coffee/milk/nutritional drinks are available at anytime on request.

Mealtimes:

Breakfast	08:30
Lunch	12:30
Tea	16:30